LUX MALKHUT
MINISTRIES

SCRIPTURE • PRAYER • FREEDOM • RENEWAL

DELIVERANCE FROM FOUNDATIONAL BONDAGE

Using the Word of God

A Scripture-Based Guide to Prayer, Freedom, and New Foundations in Christ

A FREE DELIVERANCE E-BOOK

FOR INDIVIDUALS, FAMILIES OR CHURCH TEAMS



H.E. WAIRIMU FAITH NDIFON

FOUNDER

LUX MALKHUT MINISTRIES

BEFORE YOU BEGIN

A guide for individuals, families, and church teams

This free e-book may be used in personal devotion, family prayer gatherings, church prayer teams, small groups, and discipleship sessions. When praying with others, allow each participant to choose freely whether to share personal experiences or pray aloud. The aim is to grow in Christ, not to create fear about family history.

Are you a believer in Jesus Christ?

Before you begin, answer honestly: Am I a believer in Jesus Christ? Have I repented of my sins and trusted Him as my Lord and Savior? Is Jesus Christ the foundation of my life, or am I trusting rituals, family traditions, or my own efforts? Have I surrendered my life to His Word? These questions matter because our confidence in these prayers rests in Christ and His finished work, never in a prayer formula.

These deliverance prayers are written for believers who stand in the authority of Jesus Christ (Colossians 1:13; James 4:7). It is faith in Christ—not family background, a title, loudness, or a special ritual—that is the basis of this confidence. If you have not yet received Jesus as Savior, turn to Him now. Pray the salvation prayer below in sincere faith before beginning the deliverance declarations.

RECEIVE JESUS CHRIST AS YOUR LORD AND SAVIOR

Read Romans 10:9–10, John 3:16, and John 6:37. Salvation is received by grace through faith in Jesus Christ (Ephesians 2:8–9). This prayer expresses repentance and faith; the words themselves are not a substitute for personally believing in Him.

A sinner's prayer

Dear Heavenly Father, I come to You in the name of Jesus. I acknowledge that I am a sinner in need of Your mercy. I believe that Jesus Christ is the Son of God, that He died for my sins, and that You raised Him from the dead. Lord Jesus, forgive my sins, cleanse my heart, and come into my life as my Savior and Lord. I turn from sin and surrender myself to You. Write my name in the Book of Life and lead me by Your Holy Spirit. From this day forward, I belong to Jesus Christ. Thank You for receiving me. In Jesus' name, amen.

Your next step

If you prayed in faith, begin reading the Gospel of John, connect with a Bible-believing local church, and speak with a trusted pastor about baptism and discipleship. You can now approach the following prayers trusting in the finished work of Christ.

THE QUESTION OF FOUNDATIONS

Psalm 11:3 asks, "If the foundations be destroyed, what can the righteous do?" A building requires a sound foundation, and a life needs a foundation of truth. Begin by asking: Am I grounded in Christ? What beliefs shaped my childhood? Which family practices should I honor, and which harmful patterns must I reject? What does God's Word say about who I am?

Christian freedom is not a diagnosis of curses behind every hardship. Children are not held personally guilty for an ancestor's sins (Ezekiel 18:20). Believers can seek God's help with spiritual struggle and oppression while also addressing emotional, relational, or physical problems responsibly.

A NOTE TO THE READER

This free prayer guide is written for believers seeking to bring personal history, family patterns, and spiritual struggles before the Lord. It begins with the finished work of Jesus Christ, not with

anxiety about the past. “For other foundation can no man lay than that is laid, which is Jesus Christ” (1 Corinthians 3:11, KJV).

Some Christians use the language of “foundational bondage” to describe persistent spiritual struggles or destructive patterns connected with family or upbringing. Not every difficulty is evidence of a curse or demonic activity. Scripture calls us to discernment, repentance, prayer, truth, and responsible action. No person is condemned for the sins of relatives (Ezekiel 18:20). The believer belongs to Christ (Colossians 1:13–14).

You may pray these pages individually, with a trusted church leader, or over the course of seven days. If a prayer raises fear or painful memories, proceed gently. Prayer complements, but does not replace, appropriate medical, mental-health, or safeguarding care. Never stop prescribed treatment based on a prayer exercise.

THE PRAYER JOURNEY

Jesus Christ, our sure foundation • Preparing your heart in worship • Confession and repentance • Identity and authority in Christ • Redemption • Inherited patterns • Renouncing harmful allegiances • Family prayer • Freedom from fear • Healing • Renewal of the mind • Consecration • Boundaries • Godly foundations • Seven-day prayer pathway • Twenty-two declarations • Thanksgiving

JESUS CHRIST, OUR SURE FOUNDATION

1 Corinthians 3:11 • Colossians 1:13

We don't expect to have perfectly identified every problem in the past. Our hope is Jesus, who has rescued believers from the dominion of darkness and brought them into His kingdom. The cross is greater than guilt; the resurrection is greater than despair.

Galatians 3:13–14 directs us to Christ’s redeeming work. Colossians 2:15 celebrates His triumph. Hebrews 2:14–15 declares

that Christ frees those held in slavery by the fear of death. These texts invite confidence in the Savior rather than obsession with spiritual enemies.

PRAYER

In the mighty name of Jesus Christ, I proclaim that Jesus alone is my Rock and my salvation! Every false foundation of fear, shame, superstition, and human approval must give way to the truth of His Word. Lord, pull down every lie I have accepted and establish Your righteousness in me. I belong to Christ; my past will not rule my future. Amen!

DECLARATION

My life is not defined by my beginning. My life is anchored in Jesus Christ.

PREPARE YOUR HEART IN WORSHIP

Psalm 100:4 • Matthew 3:11

Before petition, take time to praise. Worship helps us remember who God is: holy, gracious, powerful, and near to those who call upon Him. John the Baptist spoke of Jesus as the One who baptizes with the Holy Spirit and fire (Matthew 3:11). Ask the Spirit to purify your motives and renew your heart.

A SIMPLE ORDER OF PRAYER

First, thank God for His salvation and mercy. Then worship Him for His faithfulness. Read Psalm 27 or Psalm 91 aloud. Invite the Holy Spirit to search your heart. Finally, present your requests with trust, not panic.

PRAYER

Almighty Father, I lift up a shout of praise! You are the Lord mighty in battle, and Your mercy endures forever. Let every voice of condemnation be silenced by the victory of Jesus. Holy Spirit, search me, purify my motives, ignite my love for truth, and

strengthen my faith. I enter this time of prayer under the lordship of Jesus Christ. Amen!

PRACTICE

Spend five quiet minutes thanking God before moving to the next page.

CONFESSION AND REPENTANCE

1 John 1:9 • Ezekiel 18:20

Confession is a truthful response to God, not a ritual of self-accusation. We confess our own sin and ask God to forgive us. We may also lament harms and sinful patterns in our family history without assuming personal guilt for another person's choices. Ezekiel reminds us of personal moral responsibility.

Ask the Spirit to reveal attitudes that need repentance: pride, bitterness, dishonesty, idolatry, unforgiveness, exploitation, or dependence on practices contrary to your convictions. Name what you know; do not manufacture hidden wrongdoing.

PRAYER

Righteous Father, I come boldly to Your throne of grace through Jesus Christ. Expose every sin I have excused and every destructive agreement I have made. I repent and turn away from them now! Break the hold of bitterness, deceit, idolatry, and disobedience over my choices. Wash me clean, establish integrity in me, and empower me to walk in holiness. In Jesus' name, amen!

FAITH RESPONSE

Receive the promise of forgiveness in 1 John 1:9 and choose one practical act of obedience.

YOUR AUTHORITY AND IDENTITY IN CHRIST

Luke 10:19 • 2 Timothy 4:18

Believers need not approach prayer as powerless captives. The New Testament calls Christians to stand firm in the Lord, resist the devil, and put on the whole armor of God (Ephesians 6:10–18; James 4:7). Christ is the source of our authority; it is not earned by volume, anger, or special formulas.

The distinction between demonic possession and oppression is described differently among Christian traditions. Whatever language your tradition uses, Scripture emphasizes belonging to Christ, dependence on His power, and sober-minded faith rather than fear.

PRAYER

In the authority of Jesus Christ and according to His Word, I renounce every lie that says my past owns me! I resist the devil and submit myself to God. Let intimidation fall, let the voice of accusation be silenced, and let every sinful stronghold in my thinking be pulled down. Lord, preserve me from evil and establish me in courage, truth, and love. Amen!

DECLARATION

I am Christ's. I will stand firm in faith, truth, and love.

REDEMPTION THROUGH THE BLOOD OF JESUS

Ephesians 1:7 • Colossians 2:13–15

The blood of Jesus speaks of His sacrificial death and the forgiveness it secures. When we pray for cleansing through His blood, we are asking God to apply the benefits of Christ's redemption to our conscience and conduct. We do not need to imagine literal blood entering our veins or organs.

Bring to God burdens from the past: shame, unconfessed sin, destructive attachments, and persistent accusations. The cross

does not erase the need for reconciliation or wise decisions, but it assures us that forgiveness and a new way of life are possible.

PRAYER

By the precious blood of Jesus Christ, I declare that my redemption is not negotiable! Every accusation answered at the cross must lose its hold on my conscience. I reject shame and every attachment that leads me away from God. Lord, purify my heart, strengthen my will, and close every door I have opened to sin. I stand in the forgiveness and triumph of Christ. Amen!

DECLARATION

In Christ I have redemption and forgiveness; I will live as one made new.

FREEDOM FROM INHERITED PATTERNS

Galatians 3:13–14 • Romans 12:2

Families pass on language, traditions, skills, and love. They may also pass on harmful habits, unresolved conflict, and distorted beliefs. Such patterns can be confronted through repentance, discipleship, healing, accountability, and changed behavior. A family history is not a verdict on your destiny.

Consider recurring patterns of violence, addiction, secrecy, bitterness, neglect, or fear. Where help is needed, pray and seek trustworthy practical support. In Christ, a new pattern can begin with your decisions today.

PRAYER

Father, in the mighty name of Jesus, I confront every destructive pattern of fear, violence, addiction, dishonesty, and defeat that I have learned or repeated. I renounce it now! By the power of Your Word, uproot these habits from my life. Give me the resolve to end what is harmful and the strength to establish a new legacy of righteousness, peace, and faithful obedience. Amen!

FAITH RESPONSE

Write down one pattern to stop and one godly practice to begin.

RENOUNCING HARMFUL ALLEGIANCES

Joshua 24:15 • 1 Thessalonians 5:21–22

Scripture invites the people of God to choose whom they will serve. If you have personally participated in an act of worship, vow, ritual, or practice that conflicts with following Jesus, you can openly turn from it. Do so without fear of objects, names, or rumors, and without accusing family members of secret spiritual acts.

You can also renounce unhealthy allegiances such as destructive relationships, manipulation, greed, and dependence on fortune-telling or occult practices. Test your convictions by Scripture and seek mature pastoral counsel when necessary.

PRAYER

Jesus Christ is Lord over my life! I renounce every vow, allegiance, ritual, and habit of my own that contradicts Your Word. Every divided loyalty must fall. I will not be ruled by fear or manipulation. Holy Spirit, set my affections on Christ alone and strengthen me to walk in the light. In Jesus' name, amen!

DECLARATION

As for me and my house, we will serve the Lord (Joshua 24:15).

PRAYER OVER THE FAMILY LINE

Psalm 27:1–3 • Ephesians 3:14–19

Praying over family history is an opportunity for blessing. You can ask God to heal relationships, restore dignity, and guide future generations. Do not presume that every sickness, setback, or family disagreement has a demonic origin. Instead, seek truth, forgiveness, protection, justice, and reconciliation where possible.

Lift before God parents, children, siblings, relatives, and those who came before you. Where there has been harm, pray for healing and accountability. Where there has been faithfulness, give thanks.

PRAYER

Father, I lift my family before Your throne! Let cycles of hatred, violence, rejection, and dishonesty end with repentance, truth, and changed hearts. Protect the vulnerable, expose injustice, and raise up peacemakers in our home. I declare that the next generation will not be abandoned to the sins of the past. Establish a legacy of faith, mercy, courage, and holy living. In Jesus' name, amen!

BLESSING

Lord, teach the next generation to walk in wisdom, mercy, and courage.

FREEDOM FROM FEAR AND OPPRESSION

2 Timothy 1:7 • Hebrews 2:14–15

Fear can make old experiences feel like permanent chains. Jesus calls us to faith and offers His peace. When you experience intimidation, distressing dreams, or persistent anxious thoughts, take them seriously without automatically assigning a supernatural cause. Seek support when distress is severe or ongoing.

Psalm 27:2 pictures enemies stumbling; 2 Timothy 1:7 reminds believers that God gives power, love, and a sound mind. Spiritual resilience grows through prayer, Scripture, trusted relationships, and practical care.

PRAYER

In the mighty name of Jesus, I refuse to surrender my heart to terror! God has not given me a spirit of fear. Let every intimidating thought be brought captive to the obedience of

Christ. Father, guard my nights, strengthen my mind, and give me peace that stands even in adversity. I resist evil, stand in Your promises, and receive courage for today. Amen!

DECLARATION

God has not given me a spirit of fear, but of power, love, and a sound mind.

HEALING PAINFUL MEMORIES

Psalm 147:3 • Isaiah 61:1–3

Sometimes the deepest wounds are not visible: words spoken over us as children, rejection, humiliation, exploitation, loss, or experiences we did not choose. These can affect how we trust God and others. Scripture describes the Lord as One who heals the brokenhearted.

Invite Jesus into your memories through honest prayer. Do not force yourself to recover forgotten experiences or relive trauma. Healing may include safe pastoral care, counseling, medical attention, or support from trusted people. Forgiveness does not require returning to an unsafe situation.

PRAYER

Lord Jesus, enter every wounded place with Your healing truth! I reject every cruel label that was spoken over my life. Shame will not have the final word; Your love will. Give me courage to grieve honestly, seek safe help, and rebuild what has been damaged. Where healing is gradual, give me perseverance. Where there is despair, kindle hope again. Amen!

REFLECT

What truthful, life-giving words do I need to speak over myself today?

RENEWAL OF THE MIND

Romans 12:2 • Philippians 4:8

Freedom must be cultivated. Even after sincere prayer, old thoughts may return. Renewal means repeatedly choosing the truth of Scripture over entrenched lies. God calls us to set our minds on what is true, honorable, just, pure, lovely, and praiseworthy.

Identify one belief that has held you back: “I will never change,” “My family determines my future,” or “God has abandoned me.” Compare it with what Scripture says about grace, hope, and belonging. Speak the truth, then act upon it.

PRAYER

Father, let the fire of Your Word burn away every lie that has lodged in my thinking! I pull down thoughts of condemnation, defeat, and hopelessness and bring them under the truth of Christ. Replace every destructive belief with faith, wisdom, and sound judgment. Teach me to speak Your promises and act on them, in the name of Jesus. Amen!

FAITH RESPONSE

Write one harmful thought and the Scripture truth that answers it.

CONSECRATING BODY AND DAILY LIFE

Romans 12:1 • 1 Corinthians 6:19–20

God cares about the whole person. Present your body as a living sacrifice and honor Him through rest, self-control, wise relationships, nutrition, and responsible care. Illness is not proof of spiritual failure or inherited demonic activity; prayer and professional treatment can belong together.

Dedicate your senses, speech, work, finances, and relationships to the Lord. Rather than fearing supposed hidden deposits in your

body, ask God for purity of heart, a clear conscience, and wisdom to seek appropriate care.

PRAYER

Lord, I consecrate my spirit, soul, body, words, work, relationships, and decisions to You! Let nothing in my life remain outside Your lordship. Empower me to reject sinful appetites, practice self-control, seek wise care, and honor You with my body. May my daily conduct display the victory and holiness of Christ. Amen!

DECLARATION

My body and my life belong to the Lord; I will steward them faithfully.

CLOSING DOORS TO DESTRUCTIVE INFLUENCES

James 4:7–8 • Ephesians 4:27

A "doorway" is a useful image for places where unwise choices leave us vulnerable. Examine what you invite into your home, mind, and habits: harmful media, manipulation, resentment, exploitative relationships, dishonest business practices, and secrecy. The biblical response is to resist evil, draw near to God, and practice truth.

Where you need to make a change, take practical action: remove the harmful influence, repair a wrong, ask for accountability, or create a safety plan. Spiritual strength is not the same as isolation.

PRAYER

Heavenly Father, search every chamber of my life! Expose the doors I have opened through compromise, resentment, dishonesty, or destructive habits. In the name of Jesus, I shut those doors through repentance and decisive action. I resist the

devil and draw near to You. Establish holy boundaries, truthful relationships, and peace in my home. Amen!

FAITH RESPONSE

Name one boundary you will strengthen this week.

ESTABLISHING GODLY FOUNDATIONS

Matthew 7:24–27 • Psalm 127:1

Jesus compared the person who hears and obeys His words to a wise builder whose house stands on rock. A healthy foundation is strengthened day by day: worship, Scripture, prayer, fellowship, honest work, generosity, and obedience. None of these earns salvation. They are ways to grow in the grace already given in Christ.

Do not measure spiritual growth by whether every problem disappears immediately. Measure it also by increasing truthfulness, peace, endurance, love, and readiness to seek help when needed.

PRAYER

Lord Jesus, rebuild every broken and neglected foundation in my life! Let Your truth replace deception, Your peace replace turmoil, and obedience replace compromise. Establish my home, work, calling, and relationships upon the solid Rock. Every pattern that wars against Your Word must yield as I walk in the power of Your Spirit. May my life proclaim the greatness of Your name! Amen!

DECLARATION

By God's grace, I am building on the rock of Christ and His Word.

A SEVEN-DAY PRAYER PATHWAY

A simple rhythm for personal devotion

DAY 1 — THANKSGIVING. Read Psalm 100. Thank God for salvation and the hope of a new beginning.

DAY 2 — EXAMINATION. Read Psalm 139:23–24. Ask God to reveal attitudes and actions needing repentance.

DAY 3 — REDEMPTION. Read Galatians 3:13–14 and Colossians 1:13–14. Confess what Christ has done.

DAY 4 — FAMILY PATTERNS. Read Romans 12:2. Name one harmful pattern and a faithful alternative.

DAY 5 — HEALING. Read Psalm 147:3. Pray for wounded memories and seek safe support when needed.

DAY 6 — RESISTANCE. Read James 4:7–8 and Ephesians 6:10–18. Set one practical boundary.

DAY 7 — CONSECRATION. Read Matthew 7:24–27. Dedicate the coming season to obeying Jesus.

Fasting is optional and should be undertaken wisely. People who are pregnant, managing medical conditions, taking medications, or recovering from eating disorders should consult a qualified clinician before changing their food intake.

TWENTY-TWO DECLARATIONS OF FAITH

Pray them slowly, with understanding

1. I thank God for His provision of salvation and freedom.
2. I confess my sin and receive His forgiveness.
3. I trust in the redeeming blood of Jesus.
4. My identity is rooted in Christ, not inherited fear.
5. May God uproot every harmful pattern in me.
6. Let His truth cleanse my thoughts and motives.
7. I surrender painful memories of my earliest years.
8. Holy Spirit, sanctify my whole life.
9. I renounce every sinful promise or allegiance I have made.

10. I reject condemning words and false labels.
11. I turn away from harmful things I once embraced.
12. I resist intimidation in the name of Jesus.
13. I pray for peace and righteousness in my family.
14. I refuse to be defined by insulting names or stigma.
15. I reject idolatry, envy, exploitation, and deception.
16. May destructive habits lose their roots in my life.
17. I turn from every occult practice inconsistent with faith in Christ.
18. I reject manipulation and coercive control.
19. I ask God to renew my mind and strengthen my body.
20. I close doors to sin through repentance and wise boundaries.
21. Jesus, heal, deliver, and transform every part of my life.
22. I thank the Lord for His steadfast mercy and grace.

Read these confessions as expressions of trust and commitment, not guarantees of immediate outcomes.

THANKSGIVING AND NEXT STEPS

2 Timothy 4:18 • Philippians 1:6

"And the Lord shall deliver me from every evil work, and will preserve me unto his heavenly kingdom" (2 Timothy 4:18, KJV). As you conclude, remember that Christian freedom is a journey of abiding in Christ. Keep reading the Word, worshiping with other believers, and practicing the truth you have received.

FINAL PRAYER

Mighty God, I give You thanks for the triumph of Jesus Christ! My history is in Your hands, my present is under Your lordship, and my future belongs to You. I renounce sin and every destructive pattern; I receive Your grace to walk in truth. Let every chain of fear and condemnation fall as I remain steadfast in Your Word. Establish my family in righteousness, strengthen my faith, and make me a witness of Your saving power. In Jesus' mighty name, amen!

STAY CONNECTED

Lux Malkhut Ministries
www.luxmalkhut.org
Prayer requests and testimonies: Apostlepray@gmail.com

This e-book is freely offered for personal prayer and discipleship.
You may share it intact and without charge.

DELIVERANCE FROM
FOUNDATIONAL BONDAGE
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Many people struggle with repeated battles, limitations, and patterns that seem to follow them from generation to generation. This 21-page prayer guide will help you address foundational issues through biblical truth and prayer, so you can experience freedom, healing, and new foundations in Christ.

IN THIS BOOK YOU WILL FIND:

- Clear biblical teaching on foundational bondage
- Scripture-based prayers for deliverance and freedom
- Declarations to break generational patterns
- Guidance on repentance and renewal
- Practical steps to establish godly foundations
- A seven-day prayer pathway
- A closing prayer of thanksgiving and next steps

"If the foundations be destroyed, what can the righteous do?"

Psalm 11:3

THIS E-BOOK CAN BE USED BY:

Individuals
for personal prayer and spiritual growth

Families
to pray together and break generational patterns

Church Teams
for small groups, discipleship, or prayer ministry



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www.luxmalkhut.org
faith@luxmalkhut.org
Apostlepray@gmail.com
for prayer requests and testimonies

9 781736 942315